



# North East Seattle Together **nest** Summer Edition

Many Neighbors,  
One Village

## August 2014

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## Fostering connections that enrich our lives

*With Judy out of town, we've asked Lynn Terpstra, NEST Board Member and NEST Builder, to share a special August message:*



Happy August everybody!

We humans seek out connections that affirm the spirit of our individual and collective lives. As we age, it becomes even clearer how much we need to be involved in our communities. I joined NEST because it embodies the idea of community connections and as a part of the NEST Board of Directors and the Outreach & Marketing team, we try to create more opportunities for members

and volunteers to foster connections that enrich our lives.

National Night Out (Tuesday, August 5, 2014) is a national crime prevention event designed to heighten crime prevention awareness, increase neighborhood support in anti-crime efforts & unite our communities. ***In my neighborhood, we think of National Night Out as a great excuse to have a party!*** We reconnect with neighbors and share information with each other. We bring potluck dishes, jump ropes and hula hoops for the kids, tables and chairs and this year we're setting up a photo booth. We also have an information table and this year, I'm bringing NEST brochures and a small flyer that reads 'NEST – for the other 364 days'!

I hope that you attend your neighborhood party! Call the NEST office and we'll get you a little stack of flyers to hand out. Do your neighbors a favor and introduce them to NEST – for National Night Out and the other 364 days!

In the Spirit of Community,

*Lynn Terpstra, NEST Builder and Board Member*

### Our 2014 Sponsors



# Easy as 1, 2, 3!

## 1. Shop and Support NEST -

[Click here](#) to find out how to make a portion of your shopping proceeds directly support and benefit NEST services.



2. Your business **HERE!** Contact NEST at (206) 525-6378 to learn how to become a business sponsor!

3. Great news for NEST Passport holders: Grateful Bread is now offering a 25% discount to all NEST members.



Help spread the word about NEST. Come by the office and pick up some of these adorable flyers to share at your local Neighborhood Night Out parties!



Night Out

NEST brings neighbors together and matches volunteers with members, so that as we grow older, we continue to live safely and confidently in our own homes and neighborhoods.

[www.nestseattle.org](http://www.nestseattle.org)

206.525.6378

For the other 364 days...

Join NEST and engage with your community



North East Seattle Together

**nest**

Many Neighbors,  
One Village

# Summer Calendar

## Upcoming Events:

### **PEMCO Movies at Magnuson Park - presented by Seattle Children's Hospital**

**Thursdays through August 28 at 7 p.m.:**

Come to Magnuson Park (7400 Sand Point Way NE) on Thursday evenings to watch big screen flicks, movie trivia and Seattle's best food trucks. Free movie seating is available following the entertainment and prize giveaways at dusk. Parking is free in the park. [To see a list of movies click HERE!](#) (Open to all)

### **See the movie "Alive Inside" at the Varsity Theater**

**Friday, August 22:**

The movie "Alive" is showing on Friday, August 22 at the Varsity Theater in the U District. "Alive Inside" is the story of adults with dementia who responded after years of silence when given the chance to hear the music of their youth. Call 206-632-6412 for more information. You can see a preview of the film <https://www.youtube.com/watch?v=laB5Egej0TQ>

### **Mark your calendar - National Night Out**

**Tuesday, August 5:**

Seattle is celebrating the 30th Annual Night Out Against Crime. You've let us know this would be a great night to reach out to people in the NE neighborhoods, so on August 5 we are doing just that. Call the NEST office at (206) 525-6378 to let us know if you're up for sharing NEST materials with your neighbors on this night! (Open to all)



### **Mark your calendar - NEST's Picnic Potluck**

**Sunday, August 10 from 4:30 to 6:30 p.m.:**

Join us in the sunshine for our August Potluck. Bring a delicious dish or dessert to share with your fellow NEST members. The potluck will be in the garden at Ida Culver House, 2315 NE 65th Street. Call the NEST office at (206) 525-6378 if you'd like a ride or can give one! (NEST members only)

### **Mariner's Game with AARP**

**Wednesday, August 27 starting at 12:40 p.m.**

AARP is giving discounted tickets to its members for the Mariners game on Wednesday, August 27 at 12:40 p.m. Some NEST members have already gotten tickets, and it would be great fun to go as a group as all of the tickets are in Section 213. To get your tickets, go to [www.mariners.com/aarp](http://www.mariners.com/aarp) and enter the Promo Code: WA50 to purchase tickets. If you let us know that you are going we can help coordinate a group to take a trip down there together.

## Ongoing Member Groups:

### **Caregivers Support Group**

**Fridays, 10:30 a.m. to noon:**

Julia Devin leads this group at the NEST office. Come enjoy a great space to connect with other members who are supporting a loved one who needs care. If you are interested in joining, please contact the NEST office at 206-525-6378 or [info@nestseattle.org](mailto:info@nestseattle.org). (NEST members only)

### **Men's Drop-In Coffee & Chat**

**Fridays, 10:30 a.m. to noon:**

The men of NEST get together for great conversation and coffee! It is a good way to get to know a new friend or neighbor you didn't know you had. If you're a male NEST member and want to get connected, please drop on in. We'd love to see you! (NEST members only)

## NEST Paints - Summer Session

Tuesdays, 10 a.m. to noon:

Artist Open Studio (NEST Paints) has become Plein Air Painting for the summer. Let us know if you'd like to join and we will give you updates on where the group will be meeting. Please bring your own materials. You'll need a lightweight folding chair or stool, a sun hat and sunblock (thinking optimistically), shirt and/or jacket, and a supply of water for both drinking and painting. In addition, you'll need your usual art supplies. Call the NEST office at (206) 525-6378 or email us at [info@nestseattle.org](mailto:info@nestseattle.org) for more details or to join the group! (NEST members only)

## Book Group

Thursday, August 7 and 21 from 2 to 4 p.m.:

This group meets for good conversation about books that raise current issues and may help us understand our changing lives and culture. Their next book is *The Fourth Revolution: The Global Race To Reinvent the State* by John Micklethwait and Adrian Wooldridge. Join the group at NEST member Jeanne Carpenter's home. Call Jeanne at 206-283-7805 for more information. (NEST members only)

## Congenial Conversations

Congenial Conversations have concluded for the summer and will pick back up in September. If you are interested in joining, there's plenty of time! Discussions are among a group of about six people and range from "The most important thing I have ever learned" to "Eating for One." The NEST office will be happy to guide you in planning a conversation for the Fall. **Call the NEST office anytime to explore hosting future conversations.** New friends are just a congenial conversation away! (NEST members only)



# Life Passages



Welcome to "Life Passages" - a place to honor anniversaries, birthdays, and major life changes. Let us know what you would like to share with your neighbors!

Here's who we are honoring this month:

### *Birthdays:*

This month we are celebrating many NEST member birthdays! A very happy birthday to Bob, David, Gretchen, Mary and Robert.

### *New Members:*

A big NEST welcome to Mary and Edith.

Contact us!  
206.525.6378  
[www.nestseattle.org](http://www.nestseattle.org)  
[info@nestseattle.org](mailto:info@nestseattle.org)  
5751 33rd Avenue NE

Get social with us!

