



The Seattle Public Library

Tech Help Hours for Older Adults

Name	Location	When	Website	Phone Number	Additional Info./Languages
Ballard Senior Center	Ballard	Varies	https://ballardseniorcenter.org/	206-297-0403	May charge a small fee
Chinese Information Service Center	International District	1:00pm on Friday	https://cisc-seattle.org/programs/senior-and-disabled-adult-services/ - Sunshine+Garden+Chinese+Senior+Community+Center	206-957-8506	Chinese
Cyber Seniors King County	Virtual	Anytime	https://cyberseniors.org/seattle-kingcounty/	260-222-9244	One-on-one tech help virtually
Digital Equity Asset Map	City Wide	Varies	https://www.seakingwdc.org/digital-equity-asset-map	206-448-0474	Interactive Map
Greenwood Senior Center	Greenwood	Varies	https://www.phinneycenter.org/gsc/	206-297-0875	Tech Support Group and 1-on-1 support. May charge a small fee



The Seattle Public Library

Issaquah Senior Center	Issaquah	Tuesdays: 1-3pm and Fridays 9-11am	https://www.issaquahwa.gov/1744/Seniors	425-837-3339	Tech Help
Kin On	Columbia City	Varies	https://kinon.org/healthy-living-program/technology/	888-721-3634	Chinese
Lake City Seniors	Lake City	Wed, Fri 10:30-1:30pm	https://lakecityseniors.org/programs-services/computer-labs-and-technology/	206-707-1865	
Senior Center of West Seattle	West Seattle	Thurs, Fri	https://sc-ws.org/activities/classes-activities/	206-932-4044	Appointment required
UW AgePRIDE	U-District	Varies	https://goldseninstitute.org/agepride/	206-543-2449	Tech Support Group
Wallingford Community Senior Center	Wallingford	Mon 1-3pm Tues 2-4pm. Fri 11am-3pm	https://wallingfordseniors.squarespace.com/programs1	260-461-7825	Appointment Required